



Department of Veterans' Services

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For Questions, Comments, and Concerns Please CALL or EMAIL:

212-416-5250

connect@veterans.nyc.gov

Counseling Services

www.nyc.gov/vetwellness

Sometimes life is tough.
The Veterans Crisis Line can help.



Visit our wellness webpage

VetConnectNYC

NYC Veterans are able to connect to services from our partner organizations through the VetConnectNYC platform. Our Care Coordinators receive all requests made through VetConnectNYC and process them within 3-5 business days. Visit nyc.gov/VetConnectNYC to learn more.

New York-Presbyterian Military Family Wellness Center

Helps address the unique health challenges of servicemembers and their loved ones in a confidential and secure environment.



Headstrong

Veteran-founded in 2012, The Headstrong Project is a non-profit mental health org. providing confidential, barrier-free, and stigma-free PTSD treatment to Veterans, servicemembers, and families.



NYU Steven Cohen Family Center

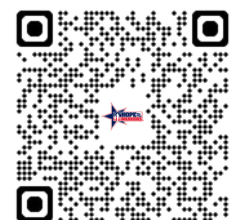
Provides free, compassionate, high-quality, accessible mental healthcare for Veterans and military families. Also virtual through their NYU Langone Health App.

Resilience Center for Veterans & Families

From Columbia University's Teachers College, this program pairs groundbreaking research on human emotional resilience with clinical training of therapists to assist Veterans and their families.

Trauma and Resiliency Resources

TRR provides free behavior health services for combat Veterans of all eras, as well as training for professionals. "Warrior Camp," is a weeklong, intensive, residential suicide prevention and trauma resolution program with an emphasis on Military Moral Injury repair.



VA Vet Centers

Community-based counseling centers which provide a wide range of social and psychological services.



Operation Family Resiliency

Operated by Blue Star Families Neighborhood program, OFR offers free subscriptions to the following meditation and wellness resources: Headspace, SPIRITUNE and Thrive Market.

Hope For The Warriors

HFTH's Clinical Support Service identifies and fills gaps in mental health care for post-9/11 combat injured servicemembers, Veterans, and caregivers.